



Centre for
Digestive Diseases
The Centre of Excellence in Gastroenterology

Patient Information Booklet

Date of your Procedure:

BOOKLET INFORMATION

Before and After Procedure Instructions

Travel and care recommendations

Directions to the Centre

Before your Procedure

1. Complete the required forms:

Please complete the Patient Registration Form, Patient Medical History and Additional Pathology Fees forms, use the "Reply Paid" envelope provided, to return the forms to Centre for Digestive Diseases at least a 2 weeks before your procedure.

2. Your Procedure Time and Confirmation of Expenses

Two days prior to your procedure date; please call the Centre between 3pm and 5pm on (02) 9713 4011 dial 1 for reception, to obtain the time for your procedure. At this time we will endeavour to give an estimate of your fees, however, please check with your health insurance provider for accurate out of pocket expenses.

3. Information for Patients taking Medication

If you are diabetic or epileptic please ask your GP about preparation for your appointment. If you are on blood thinning medications please ask your GP if it is safe for you to stop these medications for 7 days before your procedure date.

4. Procedure Preparation

It is important that you read the Patient Instructions - Preparation for Procedures form which is enclosed with this booklet. Bowel preparation for colonoscopy can be purchased from the Centre or at your local chemist.

5. Payment for your Procedure

Please arrange to bring any money that is payable on the day of your procedure as no accounts will be rendered. We accept mastercard, visa card, EFTPOS or cash. Make sure to bring all documentation that our Reception Staff asks of you, for your account to be in order. You must present any medicare, pension or Health Care Cards to be eligible for claiming.

Information for Patients

- ✘ Do not drive for 12 hours following your sedation
- ✘ Do not consume alcohol for 12 hours following your procedure
- ✔ If you are on a gluten free diet or other specific diet, please bring your own food and inform the nursing staff on admission

- There may be unexpected delays due to some patients having longer procedure time than anticipated and we will endeavour to notify you of the approximate delay.
- Please advise the person picking you up that we prefer that somebody is with you when giving the results of your procedure
- When you go home we recommend a friend or relative to stay with you, so you are not alone after sedation

After your Procedure

The Centre for Digestive Diseases recommends that patients follow these instructions after any procedure that is performed under sedation.

- After your procedure(s), some bloating may be experienced as air may remain in your stomach or bowel. This should resolve after a few hours, but may last up to 24 hours. It can be helped by drinking warm fluids, massaging the stomach and passing wind.
- You may resume your normal diet immediately and return to work the following day unless otherwise instructed by your doctor.
- You may be given a prescription, or treatment information sheets to take home with you - Please read and follow these instructions carefully.
- You will receive results of your test as will your referring doctor. Please see your doctor as instructed when discharged from the Centre.

Following these instructions will ensure your experience at the Centre for Digestive Diseases will be as comfortable as possible

- *The Centre observes a Non-Smoking Policy*
- *If you are dissatisfied with any aspect of your treatment whilst at the centre, please contact the Centre Manager on (02) 9713 4011 or in writing to Level 1 / 229 Great North Road Five Dock. If you wish to take this matter further, contact the Health Care Complaints Commission on (02) 9219 7444.*
- *Prof Thomas Borody has a pecuniary interest in the Centre for Digestive Diseases P/L*
- *If you require an interpreter prior to or during your visit at the centre you can ask for assistance on 1314 50.*

WE ARE HERE

ADDRESS

Level 1, 229 Great North Rd,
Five Dock NSW 2046

Next Door to 7 Eleven

Bus Services:

City Services - 438, 439

Burwood Services - 415, 492

Strathfield Service - 415

